

PROE™

Holistic Approach to Child Development

Play

Play allows children to explore their creativity, practice new skills, and develop a sense of self. It also helps them to build social skills and learn how to cooperate with others.

Physical

Cognitive

Language

Social

Emotional

Relationships

Building relationships with others helps kids develop interpersonal and intrapersonal skills.

- **Interpersonal skills** involve being able to interact with others.
- **Intrapersonal skills** involve being able to understand and manage one's own emotions.

Cognitive

Language

Social

Emotional

Experiences

Children use all of their senses: they see, hear, smell, touch, and taste things in order to learn about their surroundings. It is important to provide your child with a variety of different experiences.

Physical

Cognitive

Language

Social

Emotional

Observation

Kids learn a lot by watching. They watch what people do, and then they try to do the same things. They also learn from seeing how people interact with others and with the world around them.

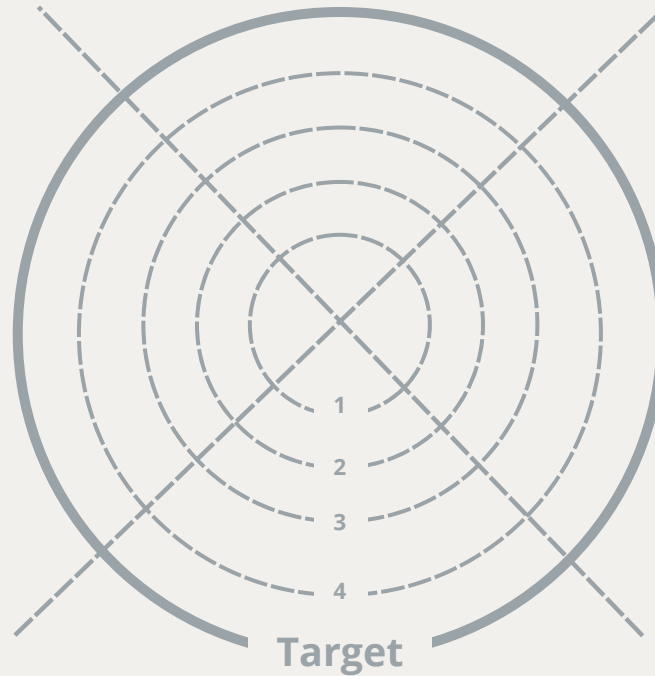
Physical

Cognitive

Language

Social

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PATHFINDER
HEALTH

— Track and enhance your child's development with our FREE app.

Child:

Date: